



FOR IMMEDIATE RELEASE

First Companies Completes Construction on New Facility for Mi Kids Pediatrics and Counseling Services

New building on Kalamazoo provides complete physical and mental health care services

February 21, 2019 – Grand Rapids, Mich.

First Companies announced today the company has completed construction on a new 12,350 square foot facility, located at 7150 Kalamazoo Avenue SE, now home to Mi Kids Pediatrics as well as five individual practitioners offering psychology and counseling services. All doctors and service providers are open for business and accepting new patients.

Pediatricians Dr. Robert Budinsky, Dr. Nicki Cain, Dr. Steve McMahon, Dr. Erika Pott, and Dr. Janelle Stutzman launched a new private pediatric practice in March of 2018 and are excited to be in their new “tree-lined” space on Kalamazoo near their patient base. Joining them in the building are: Grace Ann Robertson, Ph.D., Acorn Hill Psychology LLC, Wesley Washington, LLPC, Clear Visions Counseling LLC, Melissa Muir, Melissa Muir Counseling Services, Matthew Clark, Ph.D., The Clark Institute, and Amanda Larson, MA LLP, Certified DBT Therapist – enabling the doctors to provide a complete range of physical and mental health care services at a single location.

“Behavioral health services are in high demand across the country, and there is a shortage of professionals to meet the need. Having psychology and counseling services co-located with us is a real benefit to our patients,” commented Dr. Erika Pott. “We find it so important to treat the whole child. This space, and the support staff we are putting in place, make that a reality.”

“Being in the same building with Mi Kids allows us to consult with the pediatricians very quickly – often at the time they see a patient with mental health care needs,” shared GraceAnn Robertson, Ph.D., Acorn Hill Psychology. “Our space includes unique offices for each practitioner with special attention to sound proofing and window treatments to protect patient privacy.”

“First Companies is pleased to have been selected by Mi Kids Pediatrics, as well as the other building tenants, to construct the building shell and manage individual tenant build-outs,” commented Matt Sink, chief operating officer, First Companies. “We continue to expand our

portfolio of constructing medical facilities as we fulfill the unique visions of each client. The Mi Kids building is quite unique in the way the 'tree theme' is carried throughout the office, making it a welcoming and fun environment for young patients."

First Companies was hired to construct the building as well as manage all tenant build-outs. Integrated Architecture was the architect with Grand River Bank financing the project.

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About First Companies

First Companies, Inc. offers commercial real estate, construction and property management services in Michigan and surrounding areas. For over 50 years, the company has built a reputation for creating exceptional physical spaces where businesses and medical practices thrive – offering vast expertise from locating and developing land, and facilitating the sale or lease of properties, to all aspects of construction, and providing ongoing property management and maintenance for building owners. First Companies is unique in its multi-disciplinary approach and frequently participates as an investor in new projects, pulling together different investment groups depending on the short- and longer-term needs of the customer. The company is well-known for its ethics, integrity and creative problem solving, with highly-experienced professionals on staff in each business area – all under one roof.

Mi Kids Pediatrics

Mi Kids pediatrics is a newly formed independent pediatric practice consisting of doctors Stephen McMahon, MD, Janelle Stutzman, MD, Erika Pott, MD, Nicki Cain, MD, and Robert Budinsky, MD who have been practicing together in the community for more than 20 years. Mi Kids Pediatrics is open 7 days a week, offering a wide range of services including well child and sick care, psychology, dietary and lactation services, x-ray, suturing, simple procedures, and casting.

Counseling and Psychology Services

The Psychology and Counseling Group has clinical hours Monday-Friday 8 am to 6 pm with limited Saturday and Sunday hours available at the clinician's discretion. All major insurances are accepted. Individual and family psychotherapy, psychoeducation, and psychological testing services are available for children, adolescents, and adults.

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First Companies

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