



FOR IMMEDIATE RELEASE

First Companies Breaks Ground on New Vista Development

New 41,000+ square foot building meets demand for class-A medical offices along the East Paris Medical Corridor

October 16, 2017 – Grand Rapids, Mich.

First Companies announced today the company is breaking ground on nearly 4 acres of land on East Paris Avenue near Burton where it will construct another 41,000+ square foot, two-story building to meet the growing needs of medical professionals wanting class-A offices in the area. The Bengtson Center for Aesthetics and Plastic Surgery will take 14,750 square feet of space leaving the balance available for lease. This newest development project is planned for completion in late 2018.

Grand Rapids-based AMDG Architects is the architect of the building, with Kathryn Chaplow, the interior designer. Both firms bring a passion for creating patient-centric health environments for beauty and healing. First Companies will manage construction as well as lease available space and oversee long-term maintenance. The building was designed specifically for medical use and will feature a spacious common area, covered drop-off entrance, and snowmelt sidewalks.

“After completing numerous projects along East Paris, we’re excited to kick-off the New Vista development. We’re also delighted to have Bengtson Center as our anchor tenant in this venture,” noted Craig Baker, president of First Companies. *“We’re honored to continue to provide convenient, easily accessible, and patient-friendly facilities for high-quality medical care.”*

“It’s time to expand our office for our patients’ comfort and convenience as we bring all surgical procedures into one location,” noted Board Certified Plastic Surgeon, Dr. Brad Bengtson. *“We are grateful for our continued growth and the opportunity we have with the new office to provide the most advanced technologies and services to our clients.”*

First Companies executives brought together an investment group, including Bengtson Center, to purchase the land and fund construction. Bengtson Center will hold an official groundbreaking ceremony on Friday, October 27th, at 4:00 pm at 2155 East Paris Avenue SE. The media are welcome to attend. The cost of the project and detailed list of investors are not available. First Companies will construct the building shell, manage custom build-outs for the tenants, and serve as the leasing agent for available space.

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About First Companies

First Companies, Inc. offers commercial real estate, construction and property management services in Michigan and surrounding areas. For nearly 50 years, the company has built a reputation for creating exceptional physical spaces where businesses thrive – offering vast expertise from locating and developing land, and facilitating the sale or lease of properties, to all aspects of construction, and providing ongoing property management and maintenance for building owners. First Companies is unique in its cross-disciplinary approach and frequently participates as an investor in new projects, pulling together different investment groups depending on the short- and longer-term needs of the customer. The company is well-known for its ethics, integrity and creative problem solving, with highly-experienced professionals on staff in each business area – all under one roof.

About Bengtson Center

Board-certified plastic surgeon, Dr. Brad Bengtson founded the Bengtson Center for Plastic Surgery in 2008 to serve patients in West Michigan—including Grand Rapids, Lansing, Kalamazoo, Detroit, and Bloomfield Hills—and from across the United States. Dr. Bengtson’s concierge plastic surgery practice offers breast surgery (augmentation and lifts), body surgery (such as liposuction and tummy tucks), and face surgery (such as facelifts and rhinoplasty), as well as nonsurgical cosmetic solutions like BOTOX®, dermal fillers, CoolSculpting®, Kybella®, Ultherapy and more. Dr. Bengtson is an author, international lecturer and educator, national trainer for several Allergan products and founding member of Allergan's Executive Council. He has been nominated by his peers multiple times to appear in Castle Connolly’s Top Doctors®, and has been named “Best Plastic Surgeon” in Grand Rapids by *Grand Rapids Magazine* for seven years in a row.

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